



**Updated 16th February 2021** 

## GET IN - SAIL - GET OUT

There are certain safety precautions we all need to follow - and no doubt we want to follow for everyone's safety.

## PLEASE READ ENSURE YOUR SAILOR FOLLOWS THESE INSTRUCTIONS!



- (1) Get in, sail, get out, go home. If possible arrive and leave dressed to sail. <u>Service NSW QR code sign-in on arrival and sign-out on departure A12SC for all sailors, parents, visitors and volunteers.</u>
- (2) Do not participate at A12SC if you are unwell and may have been exposed to COVID-19. Notify the Secretary if a sailor or a family member is diagnosed with COVID-19.
- (3) Comply with all NSW Public Health orders in particular:

**Sailors (including spectators and officials)** who have attended any of the reported case locations listed on the NSW Health website should not attend A12SC and get tested regardless of symptoms. **Please check before leaving home**. https://www.nsw.gov.au/covid-19/latest-news-and-updates

- (4) Everyone must maintain proper distancing. You know what to do 1.5m apart and do not gather in groups around the club;
- (5) Sailors will be directed to rig in a designated area for their class;
- (6) Hygiene is vital. Use the A12SC hand sanitising stations on arrival, after rigging, on departure for Sailors, parents, visitors, volunteers and coaches. There is to be absolutely no sharing of drinks, food, clothing or equipment;





- (7) Club premises are limited access, the mezzanine is restricted to 20 (if 2 square metre rule applies) or 10 (if 4sqm rule applies) plus those on official duty and the veranda to 40 (2 square metre rule) plus those on official duty. Toilet facilities are limited to 4 at a time, the bottom level corridor and the change rooms each to a maximum of four at any time;
- (8) The canteen and bar are open, available food is pies, sausage rolls, ricotta & spinach rolls, noodles and sandwiches;
- (9) Only bring essential equipment to the Club and store it neatly and away from other participants;
- (10) If a person does not adhere to these rules or obey reasonable safety directions by the Duty Officer they may be asked to leave the activity;
- (11) Members to respect any directions from the Duty Officer who will coordinate onshore operations;
- (12) Please note that the use of the Service NSW QR Code for signing in and signing out is mandatory, if you can't access this you will need to get another person to sign you in as a dependant.
- (13) Observe communications from the Club.

If you have any questions or suggestions contact

Phil Marsh, Hon. Secretary - 0414 345 323 secretary@abbotsfordsailingclub.org.au